

SUPPORT YOUR



Drugs and Alcohol Support

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You may be concerned about:

- Money going missing
- Use of room air fresheners or excessive perfumes and cologne
- Excessive use of mints and gum
- Eye drops to reduce redness
- Missing medication
- Decline in academic performance
- Personality changes
- Withdrawal and decreased interaction with good friends
- New friends whom the young person is unwilling to introduce to you
- Excessive sleeping
- Weight loss or decline in eating
- Increased appetite
- Drug paraphernalia such as pipes, bags of seeds, rolling papers, empty bottles etc
- Your child's bedroom is strictly off limits

What We Do:

Offer support to students who...

- Misusing or at risk of misusing drugs and/or alcohol
- Has misused substances in the past and wants support to avoid them using again

What We Offer:

- Group work focused on harm reduction
- 1:1 counseling to identify triggers to drug and/or alcohol use and how to manage this
- Early Intervention
- Education & awareness about drugs/alcohol and its effects

Sessions explore the effects of different drugs and what the risks might be if somebody takes them. We work with both groups and in 1-1 settings discussing the consequences that drugs and alcohol may have on a young person's life, both in and outside of school, trying to prevent them from making decisions that are potentially risky and harmful.